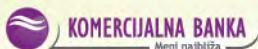




# 76<sup>th</sup> BALKAN SENIOR ATHLETICS CHAMPIONSHIPS NOVI PAZAR, 15-16 JULY 2017



## TEAM MANUAL





# BALKAN ATHLETICS CHAMPIONSHIPS

Novi Pazar/SRB, 15-16<sup>th</sup> July, 2017



## TEAM MANUAL / UPUTSTVO ZA EKIPE

### 1. PARTICIPATING NATIONAL FEDERATIONS / NACIONALNE REPREZENTACIJE UČESNICI TAKMIČENJA

Albania / Albanija  
Armenia / Jermenija  
Bosnia and Herzegovina / Bosna i Hercegovina  
Bulgaria / Bugarska  
Croatia / Hrvatska  
Cyprus / Kipar  
Georgia/Gruzija  
Greece / Grčka  
FYR Macedonia / Makedonija  
Israel / Izrael  
Montenegro / Crna Gora  
Moldova / Moldavija  
Romania / Rumunija  
Turkey / Turska  
Slovenia / Slovenija  
Serbia / Srbija

ALB  
ARM  
BIH  
BUL  
CRO  
CYP  
GEO  
GRE  
MKD  
ISR  
MNE  
MDA  
ROU  
TUR  
SLO  
SRB

### 2. GENERAL PROGRAM / PROGRAM BORAVKA I TAKMIČENJA

#### **Thursday, July 13<sup>th</sup> 2017**

Arrival of Teams

#### **Friday, July 14<sup>th</sup> 2017**

Arrival of Teams

16:00 – 16:45 Javelin Throw training

17:00 – 17:45 Discus Throw training

#### **17:30 – Technical Meeting**

(Cultural center – Novi Pazar)

18:00 – 19:30 Training

19:30 – 20:00 Hammer Throw training

**20:00 – LOC Dinner** (two officials per team)

#### **Saturday, July 15<sup>th</sup> 2017**

#### **Competition**

09:30 – 11:45 Athletic stadium Novi Pazar

15:00 – 19:30 Athletic stadium Novi Pazar

#### **Sunday, July 16<sup>th</sup> 2017**

#### **Competition**

09:30 – 11:30 Athletic stadium Novi Pazar

15:00 – 19:30 Athletic stadium Novi Pazar

#### **Monday, July 17<sup>th</sup> 2017**

Departure of Teams

#### **Četvrtak, 13. jul 2017.**

Dolazak ekipa

#### **Petak, 14. jul 2017.**

Dolazak ekipa

16:00 – 16:45 trening bacanja /**koplje**

17:00 – 17:45 trening bacanja /**disk**

#### **17:30 – Tehnički sastanak**

(Dom kulture – Novi Pazar)

18:00 – 19:30 trening

19:30 – 20:00 trening bacanja /**kladivo**

#### **20:00 – Svečana večera**

(2 službena lica po ekipi)

#### **Subota, 15. jul 2017.**

#### **Takmičenje**

09:30 – 11:45 Atletski stadion - Novi Pazar

15:00 – 19:30 Atletski stadion - Novi Pazar

#### **Nedelja, 16. jul 2017.**

#### **Takmičenje**

09:30 – 11:30 Atletski stadion - Novi Pazar

15:00 – 19:30 Atletski stadion - Novi Pazar

#### **Ponedjeljak, 17. jul 2017.**

Odlazak ekipa

### 3. ARRIVAL / DOLAZAK EKIPA

<p><b>3.1. Arrival by air</b></p> <p>For all guest teams arriving to Serbia by plane, Organizer will provide bus transfers from/to the airport "Nikola Tesla". Distance from Airport „Nikola Tesla“ to Novi Pazar is approximately 5h by Bus.</p> <p><b>3.2. Team attaches</b></p> <p>Each guest team will have their Team Attachés. Attachés will be on the teams' disposal from 08:00-21:00, providing them with all necessary informations and help.</p>	<p><b>3.1. Dolazak avionom</b></p> <p>Za ekipe koje u Beograd doputuju avionom, organizator će obezbediti autobuski prevoz od aerodroma do objekta gde će ekipe biti smeštene i nazad. Udaljenost Novog Pazara od Aerodroma „Nikola Tesla“ je oko 5h vožnje autobusom.</p> <p><b>3.2. Atašei timova</b></p> <p>Svaka reprezentacija imaće domaćina – atašea. Atašei će boraviti sa ekipom svakoga dana 08:00-21:00 i pružati svu neophodnu pomoć i informacije.</p>
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### 4. ACCOMMODATION / SMEŠTAJ

<p><b>4.1. General</b></p> <p>All participating teams at Balkan Senior Championships will be accommodated at six locations:</p> <ul style="list-style-type: none"><li>•Hotel Kraljevi čardaci (Vikend naselje, Čajetinska česma bb, Kopaonik)</li><li>•Hotel MujEn Lux (Vikend naselje, Kopaonik)</li><li>•Hotel Tadž ND (Rifata Burdževića 79, Novi Pazar)</li><li>•Hotel Vrbak (37. Sandžačke divizije 2, Novi Pazar)</li><li>•Hotel RAJ ND (Rajčinovića banja bb, Novi Pazar)</li><li>•Hotel Atlas (Jošanički kej 2, Novi Pazar)</li></ul>	<p><b>4.1. Opšte</b></p> <p>Ekipe učesnice prvenstva Balkana za seniore biće smeštene na šest lokacija:</p> <ul style="list-style-type: none"><li>•Hotel Kraljevi čardaci (Vikend naselje, Čajetinska česma bb, Kopaonik)</li><li>•Hotel MujEn Lux (Vikend naselje, Kopaonik)</li><li>•Hotel Tadž ND (Rifata Burdževića 79, Novi Pazar)</li><li>•Hotel Vrbak (37. Sandžačke divizije 2, Novi Pazar)</li><li>•Hotel RAJ ND (Rajčinovića banja bb, Novi Pazar)</li><li>•Hotel Atlas (Jošanički kej 2, Novi Pazar)</li></ul>
<p><b>4.2. Quotas and costs</b></p> <p>According to the ABAF Rules for Balkan Senior Championships, the organizer will cover accommodation expenses for each national team during 3 days for 50 persons (35 competitors + 15 officials). For team arriving with their buses + 2 bus drivers.</p> <p>For any persons exceeding the above quota, the visiting federation shall pay a fixed rate of €50 (fifty Euros) per person per day full board accommodation.</p>	<p><b>4.2. Kvote i cene smeštaja</b></p> <p>Prema propozicijama ABAF za prvenstvo Balkana za seniore, organizator snosi troškove 3 pansiona /smeštaja i ishrane/ za 50 osoba /35 takmičara + 15 službenih lica (+ 2 vozača za ekipe koje dolaze svojim autobusima). Reprezentacije su dužne da za osobe van kvote plate fiksnu cenu od 50 EUR po osobi po danu smeštaja na bazi punog pansiona.</p>
<p><b>4.3. Meals</b></p> <p>The Organizer will cover full board (breakfast/lunch/dinner/water) accommodation to all members of guest teams. All additional services will be charged individually. Tap water in Serbia is good to drink.</p>	<p><b>4.3. Obroci</b></p> <p>Organizator takmičenja snosi troškove pansionskih usluga (doručak/ručak/večera/voda). Korišćenje van pansionskih usluga padaju na teret naručioca. Voda sa česme je ispravna za piće.</p> <p>Vreme korišćenja pansionskih usluga:</p>

<p>Meals schedule:</p> <p>14. July Lunch 13:30-16:00  <u>14. July Dinner 20:00-22:30</u>  15. July Breakfast 06:30-09:30  15. July Lunch 12:00-14:30  <u>15. July Dinner 20:00-22:30</u>  16. July Breakfast 06:30-09:30  16. July Lunch 12:00-14:30  <u>16. July Dinner 20:00-22:30</u>  17. July Breakfast 06:30-09:00</p> <p>Lunch boxes for Combine events will be available to pick up at their hotels, on the days of the competition.</p>	<p>14. jul Ručak 13:30-16.00  <u>14. jul Večera 20:00-22:30</u>  15. jul Doručak 06:30-09:30  15. jul Ručak 12:00-14:30  <u>15. jul Večera 20:00-22:30</u>  16. jul Doručak 07:00-09:30  16. jul Ručak 12:00-14:30  <u>16. jul Večera 20:00-22:30</u>  17. jul Doručak 06:30-09:00</p> <p>Višebojcima i njihovim trenerima će biti omogućeno da u hotelu preuzmu lanč paket za dane takmičenja.</p>
<p><b>4.4. Information desk</b></p> <p>In all official accommodation facilities Info Desk will be established. All necessary information about the competition and participants stay in Novi Pazar and Kopaonik, team leaders will get from Team Attachés and Info Desk.</p>	<p><b>4.4. Služba za informacije</b></p> <p>U svim smeštajnim objektima biće postavljen Informativni punkt. Sve informacije u vezi takmičenja i boravka ekipa u Novom Pazaru i Kopaoniku, rukovodioci ekipa mogu dobiti preko svojih atašea i informativnog pulta.</p>
<p><b>4.5. Accreditation</b></p> <p>All participants will get accreditation cards and use it all the time. All team members should wear their National federation's official team clothing on the Stadium and Warm-up Area.</p>	<p><b>4.5. Akreditacija</b></p> <p>Učesnici će dobiti akreditacije. Svi članovi timova su dužni da na Stadionu i na Terenu za zagrevanje nose akreditacije i službenu odeću svoje nacionalne federacije.</p>

## 5. TECHNICAL INFORMATION / TEHNIČKE INFORMACIJE

<p><b>5.1. Technical Information Centre (TIC)</b></p> <p>Technical Information Centre (TIC) and Secretariate will be located on the Stadium and will be open on Friday 14 July from 16:00-20:00 and on Saturday and Sunday, 15/16 July from 08:30-11:45 and 14:00 - 20:00.</p> <p>TIC is responsible for:</p> <ul style="list-style-type: none"> <li>• Technical Information</li> <li>• Distribution of start lists and results</li> <li>• Receipt of Appeals from the teams</li> <li>• Withdrawals and changes due to injury</li> <li>• Official communication to the Delegations</li> <li>• Receipt of final declaration of members of relay teams</li> <li>• Recovery of confiscated items in the Call room</li> <li>• Recovery of personal implements after their events</li> </ul>	<p><b>5.1. Tehničko-informativni centar</b></p> <p>Tehničko-informativni centar (TIC) i Sekretarijat takmičenja biće smešteni na stadionu. Radiće u petak 14. jula, od 16:00-20:00 i u subotu i nedelju 15./16. jula od 08:30-11:45 i 14:00 - 20:00 časova.</p> <p>U Tehničko-informativnom centru se:</p> <ul style="list-style-type: none"> <li>• distribuiraju tehničke informacije</li> <li>• distribuiraju startne liste i rezultati</li> <li>• primaju žalbe za Vrhovnu sudijsku komisiju</li> <li>• primaju otkazi i zahtevi za izmene u slučaju povrede</li> <li>• vrši službena komunikacija sa ekipama</li> <li>• primaju sastavi štafeta</li> <li>• vraćaju takmičarima predmeti privremeno oduzeti u prijemnom centru</li> <li>• vraćaju takmičarima lične sprave posle završene discipline</li> </ul>
<p><b>5.2. Training site</b></p> <p>Official training will be held on Friday, July 14<sup>th</sup> from 16.00-19.30, at the Athletics Stadium of Novi Pazar.</p> <p>The weight training room will be</p>	<p><b>5.2. Teren za trening</b></p> <p>Oficijelni trening će se održati u petak, 14. jula na Atletskom Stadionu u Novom Pazaru od 16.00 do 20.00 sati, prema rasporedu disciplina.</p>

<p>available during the official training on stadium.</p> <p>Dressing rooms with showers are located in the subsidiary building on the stadium (see Appendix II).</p>	<p>Rad sa tegovima će biti omogućen u vremenu službenog treninga na stadionu.</p> <p>Svlačionice sa tuševima se nalaze u pomoćnoj zgradi na stadionu (mapa u prilogu 2).</p>
<p><b>5.3. Warm-up area</b></p> <p>Warm-up will be on the artificial grass field with few tracks of synthetic surface next to the stadium.</p> <p>There will be info boards with the Call-room time-table in English and Serbian at the warm-up area.</p> <p>Athletes are responsible for strictly following the time-table.</p>	<p><b>5.3. Teren za zagrevanje</b></p> <p>Zagrevanje je na terenu sa veštačkom travom i nekoliko staza pokrivenim tartanom koji se nalazi pored stadiona.</p> <p>Na terenu će biti postavljene table sa satnicom ulaska u prijemni centar.</p> <p>Takmičari su obavezni da se pridržavaju ove satnice.</p>
<p><b>5.4. Competition site</b></p> <p>The competition will take place at Athletics Stadium in Novi Pazar. The stadium and its surroundings are shown in Appendix II.</p> <p>The stadium has the following competition sites:</p> <ul style="list-style-type: none"> <li>• 8 lanes oval track</li> <li>• 1 High Jump site</li> <li>• 4 sites for Long and Triple Jump</li> <li>• 3 Shot Put Circle</li> <li>• 2 Javelin site</li> <li>• 1 Discus and Hammer site</li> </ul> <p>Track and runways are covered by synthetic surface.</p> <p>The maximum spike length is 12mm for High Jump and Javelin, 9mm for other events.</p>	<p><b>5.4. Teren za takmičenje</b></p> <p>Takmičenje se održava na Atletskom stadionu Novom Pazaru.</p> <p>Plan stadiona i pomoćnih terena dat je u dodatku 2 ovog uputstva.</p> <p>Stadion je opremljen sa</p> <ul style="list-style-type: none"> <li>• 8 kružnih staza</li> <li>• 1 borilištem za skok uvis</li> <li>• 4 borilišta za skok udalj i troskok</li> <li>• 3 borilišta za bacanje kugle</li> <li>• 2 borilišta za bacanje koplja</li> <li>• 1 borilištem za bacanje diska i kladiva</li> </ul> <p>Staza i zaletišta su pokrivena sintetičkom podlogom.</p> <p>Maksimalna dozvoljena dužina eksera je 12mm za skok uvis i bacanje koplja, 9mm za ostale discipline.</p>
<p><b>5.5. Timing and measurement</b></p> <p>Timing will be done by Timing team of Serbian Athletic Federation by Linux timing system with backup - MacFinish II Pro.</p> <p>In jumping events manual measuring (steel tape) equipment will be used, and in throwing events – EDM.</p>	<p><b>5.5. Merenje vremena i daljina</b></p> <p>Merenje vremena vrši ekipa AS Srbije, sistemom Linux. Rezervni sistem tipa MacFinish II Pro.</p> <p>Merenje dužina za skokove je čeličnom metarskom trakom, a za bacanja EDM.</p>
<p><b>5.6. Implements</b></p> <p>Athletes will be offered a selection of throwing implements.</p> <p>Competitors may use their own IAAF certified throwing implements provided they are checked and approved by the Technical manager.</p> <p><b>Personal implements must be brought for checking at the Call Room not later than one hour prior to the start of the event.</b></p> <p>Personal implements will be at disposal to all competitors.</p> <p>Personal implements will be returned at the TIC after the end of the relevant event.</p>	<p><b>5.6. Sprave za bacanja</b></p> <p>Takmičarima će biti ponuđene za korišćenje određene sprave za bacanje.</p> <p>Takmičari mogu koristiti i sopstvene sprave, pod uslovom da imaju IAAF sertifikat, da su pregledane i odobrene za upotrebu od strane Tehničkog rukovodioca takmičenja.</p> <p><b>Lične sprave moraju biti predate u Prijemni centar najkasnije jedan sat pre početka discipline.</b> Sve lične sprave mogu koristiti i ostali takmičari.</p> <p>Sprave će biti vraćene takmičarima u Tehničko-informativnom centru posle završetka discipline.</p>

### 5.7. Technical meeting

The Technical Meeting will be held on Friday, **July 14<sup>th</sup> at 17:30h** in the conference hall of the Cultural center in Novi Pazar.

The ABAF Delegate will chair the meeting. The Technical Meeting will be conducted in English and Serbian.

The Tech. Meeting will be attended by:

- The ABAF Delegate
- Representatives of the LOC
- Competition management
- 2 /two/ Team representatives

#### Agenda of the Technical Meeting:

- Opening address by the ABAF President and the LOC President
- Address of the ABAF Delegate
- Briefing by the ABAF Delegate on Technical information
- Competition regulation
- Timetable
- Call-room procedure and schedule
- Starting heights and bar raising procedure
- Scoring
- Protests and appeals
- Award ceremonies
- Presentation of the competition and warming-up sites
- Answer to the questions submitted by the teams
- Competition number distribution
- Confirmation of the entry lists

### 5.7. Tehnički sastanak

Tehnički sastanak se održava u petak, 14. **jula u 17:30 časova** u konferencijskoj Sali Doma Kulture u Novom Pazaru.

Sastankom će predsedavati Delegat Asocijacije Balkanskih atletskih federacija (ABAF). Jezik sastanka je engleski i srpski.

Tehničkom sastanku prisustvuju:

- Delegat ABAF-a
- Predstavnici Organizacionog komiteta
- Rukovodstvo takmičenja
- 2 /dva/ predstavnika ekipa učesnica

#### Dnevni red Tehničkog sastanka

- Pozdravni govor Predsednika ABAF-a i Predsednika LOC-a
- Obraćanje Delegata ABAF-a
- Informacija Delegata ABAF-a po tehničkim pitanjima
- Propozicije takmičenja
- Satnica takmičenja
- Satnica i procedura prijemnog centra
- Početne i naredne visine
- Bodovanje
- Protesti i žalbe
- Proglašenje pobednika
- Upoznavanje sa borilištima
- Odgovori na pitanja predstavnika ekipa
- Podela takmičarskih brojeva
- Potvrda liste učesnika

## 6. COMPETITION REGULATIONS / PROPOZICIJE TAKMIČENJA

### 6.1. Team composition

Each country may compete with two athletes per event and one team in each relay.

There will be no "out of competition" athletes.

Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31<sup>st</sup> December of the year of the competition may participate in the Balkan Senior Championships.

Only athletes aged at least 18 (eighteen) years on 31<sup>st</sup> December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).

### 6.2. Events scheduled

There are 21 senior men and 21 events for senior women:

### 6.1. Sastav ekipa

Svaka nacionalna federacija može prijaviti najviše po 2 takmičara u jednoj disciplini i najviše jednu štafetu.

Nije dozvoljen nastup takmičarima van konkurencije.

Pravo učešća na takmičenju imaju samo takmičari koji će napuniti 16 godina do 31. decembra u godini održavanja takmičenja, osim u disciplinama Bacanja kugle i Bacanja kladiva, gde pravo učešća imaju samo takmičari koji će napuniti 18 godina do 31. decembra u godini održavanja takmičara.

### 6.2. Discipline takmičenja

Takmičenje se održava u 21 disciplini za seniore i 21 disciplini za seniorke:

<p><b>Senior men:</b> 100m, 200m, 400m, 800m, 1500m, 3000m, 3000m steepl, 5000m, 110m H(106,7cm), 400m H(91,4cm), 4x100m, 4x400m, high jump, long jump, triple jump, pole vault, shot put (7,26kg), discus (2kg), javelin (800gr), hammer (7,26kg), decathlon</p> <p><b>Senior women:</b> 100m, 200m, 400m, 800m, 1500m, 3000m, 3000m steepl, 5000m, 100m H(83,8cm), 400m H(76,2cm), 4x100m, 4x400m, high jump, long jump, triple jump, pole vault, shot put (4kg), discus (1kg), javelin (600gr), hammer (4kg), heptathlon</p>	<p><b>Seniori:</b> 100m, 200m, 400m, 800m, 1500m, 3000 m, 3000m sa preprekama, 5000m, 110m prepone (106,7cm), 400m prepone (91,4cm), 4x100m štafeta, 4x400m štafeta, Skok uvis, Skok udalj, Troskok, Skok motkom, Bacanje kugle (7,26kg), Bacanje diska (2kg), Bacanje koplja (800gr), Bacanje kladiva (7,26kg), Desetboj</p> <p><b>Seniorke:</b> 100m, 200m, 400m, 800m, 1500m, 3000m, 3000m sa preprekama, 5000m, 100m prepone (83,8cm), 400m prepone (76,2cm), 4x100m štafeta, 4x400m štafeta, Skok uvis, Skok udalj, Troskok, Skok motkom, Bacanje kugle (4kg), Bacanje diska (1kg), Bacanje koplja (600gr), Bacanje kladiva (4kg), Sedmoboj</p>
<p><b>6.3. Scoring</b></p> <p>The Championships is an individual competition. Team Scores, up to the 8th place, shall be made for statistical purpose only.</p>	<p><b>6.3. Bodovanje</b></p> <p>Takmičenje je pojedinačnog karaktera. Ekipni plasman i bodovanje do 8. mesta će se vršiti samo iz statističkih razloga.</p>
<p><b>6.4. Entries and changes</b></p> <p>Justified changes due to medical reason or other uncontrollable matter before the beginning of the respective event, only if approved by the ABAF Delegate (must be submitted 30min before the event). Relay teams in order of running <b>one hour before the event in TIC.</b></p>	<p><b>6.4. Prijave i izmene</b></p> <p>Izmene su dozvoljene, uz odobrenje Delegata ABAF-a, najkasnije <b>pola sata pre početka discipline.</b></p> <p>Poimenične prijave <b>štafeta</b>, po redosledu trčanja, najkasnije <b>jedan sat pre početka discipline u TIC-u.</b></p>

## 7. COMPETITION PROCEDURE / ODVIJANJE TAKMIČENJA

<p><b>7.1. General</b></p> <p>The Balkan Senior Championships will be held strictly under the IAAF Competition Rules 2016-2017 and ABAF Championships Regulations.</p>	<p><b>7.1. Opšte odredbe</b></p> <p>Prvenstvo Balkana za seniore održava se prema Pravilima za takmičenje IAAF za 2016. - 2017. godinu i Propozicija ABAF-a 2017.</p>
<p><b>7.2. Call-room procedure</b></p> <p>Call-room is located on the north-west side of the stadium near to the start of 200m. The athletes must report to the Call Room at the time given on the call-room timetable displayed in the hotels, TIC, warm-up area and given in the Appendix I of this instruction. The following items will be checked in the Call Room:</p> <ul style="list-style-type: none"> <li>• Clothing (Competition rule 143.1)</li> <li>• Shoes and spikes (Competition rule 143.2-6)</li> <li>• Bags</li> </ul>	<p><b>7.2. Postupak u prijemnom centru</b></p> <p>Prijemni centar se nalazi na severo-zapadnoj strani stadiona, kod starta za 200m. Takmičari se moraju prijaviti Prijemnom centru po datoj satnici izloženoj u hotelima, Tehničko-informativnom centru, terenu za zagrevanje i datoj u prilogu 1 ovog uputstva. U Prijemnom centru će biti pregledani:</p> <ul style="list-style-type: none"> <li>• odeća takmičara (pravila za takmičenje, 143.1)</li> <li>• obuća takmičara (pravila za takmičenje, 143.2-6)</li> <li>• torbe takmičara</li> <li>• startni brojevi takmičara (pravila za takmičenje, 143.7)</li> </ul>

<ul style="list-style-type: none"> <li>• Numbers (Competition rule 143.7) Athletes may only use sports gear approved by their National Federation. Athletes are not allowed to take infield mobile phones, portable radios, headsets and similar items nor wear clothing which contravenes the IAAF advertising rules. All such items will be confiscated and will be retrieved in TIC after the relevant event. Coaches, team officials, physio-therapists and team physicians are not allowed into the Call Room. Athletes may only leave the Call Room to enter the competition area. Once athletes enter the Call Room and until the end of the event they may only leave the Call Room or competition area with permission and accompanied by an official. From the Call Room the athletes will be escorted to competition site to be there according to the following schedule: <b>Track events:</b> 20 minutes before the start of the event. <b>For the event 100 and 110 hurdles and field events except Pole vault:</b> 25 min before the start of the event. <b>For the Pole vault:</b> 60 min before the start of the event.</li> </ul>	<p>Takmičari smeju koristiti samo sportsku opremu odobrenu od strane njihove nacionalne federacije.</p> <p>Takmičari ne smeju unositi na teren mobilne telefone i ostala sredstva komunikacije, niti koristiti odeću, obuću i opremu koja je u suprotnosti sa pravilima oglašavanja IAAF-a. Sva takva oprema će biti privremeno oduzeta i vrađena takmičarima posle završene discipline u Tehničko-informativnom centru.</p> <p>Treneri, predstavnici ekipa i medicinsko osoblje ekipa nemaju pravo pristupa Prijemnom centru.</p> <p>Takmičari mogu napustiti Prijemni centar jedino da bi izašli na borilište za početak discipline. Takmičari mogu napustiti Prijemni centar jedino sa dozvolom i u pratnji službenog lica organizacije takmičenja.</p> <p>Iz Prijemnog centra takmičari u pratnji službenog lica izlaze na borilišta:</p> <p><b>Za discipline trčanja:</b> 20 minuta pre početka discipline.</p> <p><b>Za discipline 100 i 110 pr. i ostale tehničke discipline osim Skoka motkom:</b> 25 minuta pre početka discipline.</p> <p><b>Za Skok motkom :</b> 60 minuta pre početka discipline.</p>
<p><b>7.3. Competition numbers</b></p> <p>Each competitor receives 1 bib number.</p> <p>The competitors participating in races up to 400 m, has to wear their number on the back and competitor in all other events, on the front side. The last runner on the 4x400m needs to wear it on the front side.</p> <p>The competition numbers may not been cut, bent or covered in any way.</p> <p>The participants in track events wear on the right hand side of their shorts the additional line numbers which they receive immediately before the start from the starter's assistants. In the relays, leg numbers will be issued only to the last runner in each team. This will be issued by the judge at the last take over zone.</p>	<p><b>7.3. Takmičarski brojevi</b></p> <p>Svaki takmičar dobija jedan primerak takmičarskog broja.</p> <p>Takmičari koji nastupaju u disciplinama trčanja zaključno sa 400 m, brojeve nose na zadnjoj strani dresa, a svi ostali na prednjoj strani dresa. Poslednji član u štafeti 4x400m broj nosi na grudima.</p> <p>Takmičarski brojevi ne smeju biti sečeni, savijani niti pokriveni tokom takmičenja.</p> <p>Takmičari u disciplinama trčanja na desnoj strani svoga šorca nose dodatni broj staze, koji dobijaju neposredno pre starta od pomoćnika startera. U trkama štafeta ovaj broj dobijaju samo trkači poslednje deonice od sudije na izmeni.</p>
<p><b>7.4. Competition clothing</b></p> <p>The competitors must wear the National federation's official team clothing. The team dresses have to be uniform. The clothing will be checked in the call room before entering the Infield. The official team shoes will also be</p>	<p><b>7.4. Odeća i obuća takmičara</b></p> <p>Tokom takmičenja takmičari moraju nositi službenu odeću svoje nacionalne federacije. Odeća takmičara ekipe mora biti jednoobrazna. Odeća i obuća takmičara biće kontrolisana u Prijemnom centru pre ulaska na borilišta.</p>



<p>checked if any. Regarding advertising the organizer refers to the IAAF Rule 8 and the IAAF Advertising Rules and Regulations. Compliance with the rules will be controlled in the Call room and during the competition on the competition sites. Athletes may not enter the competition site wearing clothes and shoes not complying with the rules of IAAF.</p>	<p>U pogledu oglašavanja na odeći takmičara organizator upozorava na poštovanje člana 8 pravila IAAF kao i na odredbe IAAF priručnika za oglašavanje. Kontrola će biti vršena u prijemnom centru, kao i tokom takmičenja na borilištima. Takmičarima koji koriste opremu koja nije u skladu sa pravilima IAAF neće biti dozvoljen ulazak na borilišta.</p>
<p><b>7.5. Competition preparation and presentation for the track and field events</b></p> <p>Lane and starting order for each event will be decided by draw. Presentation of the participants in track events will take place just before the start of the each race.</p> <p>Each participant in throwing events may have at least two preparation trials, taken in the competition order and strictly supervised by the judges. Any work with the implements out of this procedure is strictly forbidden throughout athlete's stay at the competition site. In the jumping events preparation trials will be taken as practical, under supervision of the judges. For the run-up athletes may only use the official markers (two per athlete) offered by the officials. Once the practice jumps/throws are finished participants will be asked to stand in the order of the competition for the presentation.</p>	<p><b>7.5. Priprema i predstavljanje takmičara na borilištu</b></p> <p>Raspored staza i redosled nastupa za svaku disciplinu biće određen žrebom. Predstavljanje takmičara u disciplinama trčanja vršiče se neposredno pred početak trke.</p> <p>Takmičari u disciplinama bacanja imaće pravo na najmanje dva probna pokušaja, koji će se izvoditi po redosledu nastupa i pod kontrolom sudija. Posle završetka probnih pokušaja takmičarima je do kraja takmičenja najstrože zabranjen bilo kakav rad sa spravom osim službenog izvođenja pokušaja.</p> <p>U disciplinama skokova probni pokušaji se izvode prema potrebi pod kontrolom sudija. Za obeležavanje zaleta takmičari mogu koristiti samo službene oznake (dva po takmičaru). Posle završetka probnih pokušaja takmičari će se postrojiti za službeno predstavljanje.</p>
<p><b>7.6. Starter's commands</b></p> <p>The starting commands are given in Serbian.</p> <p>Commands for distances up to and including 400m: <b>Na mesta</b> (On your marks) – <b>Pozor</b> (Set) - <b>shot</b></p> <p>Commands for distances of 800m and longer are: <b>Na mesta</b> (On your marks) – <b>shot</b></p> <p>Command for interrupting the start procedure is: <b>Ustanite</b> (Stand up)</p>	<p><b>7.6. Komande startera</b></p> <p>Komande startera se daju na srpskom jeziku.</p> <p>Komande startera za trke uključujući i 400m su: <b>Na mesta ! – pozor! – pucanj.</b></p> <p>Za trke na 800m i duže komande su: <b>Na mesta ! – pucanj</b></p> <p>Komanda za prekid postupka starta je: <b>Ustanite!</b></p>
<p><b>7.7. Protests and appeals</b></p> <p>Protests and appeals will be processed in accordance with the IAAF Competition Rule 146.</p> <p>In the first instance, protests must be made orally to the Referee by the athlete himself or by a responsible official acting on his behalf. Protests concerning the result or conduct of an event must be</p>	<p><b>7.7. Protesti i žalbe</b></p> <p>Protesti i žalbe će biti razmatrani u skladu sa članom 146 Pravila IAAF.</p> <p>U prvom stepenu protest podnosi usmeno Glavnom sudiji takmičar ili službeni predstavnik ekipe u njegovo ime.</p> <p>Protest koji se odnosi na rezultate ili odvijanje takmičenja se podnosi u roku od 30 minuta od službenog objavljivanja rezultata</p>

<p>made within 30 minutes of the official announcement of the result of that particular event (posted on the TIC information board).</p> <p>Any written appeal to the Jury of Appeal made in English or Serbian on an official form provided in TIC must be signed by a responsible official on behalf of the athlete and submitted to the TIC within 30 minutes after the official announcement of the decision made by the Referee.</p> <p>When submitting an appeal form, a deposit of <b>EUR 70,00</b> must be paid. If the appeal is not upheld, deposit will be forfeited.</p> <p>The Jury's decision will be provided in writing. A copy will be displayed on the notice board in TIC.</p>	<p>(računa se vreme isticanja službenih rezultata na oglasnoj tabli Tehničko-informativnog centra).</p> <p>Pismene žalbe Vrhovnoj sudijskoj komisiji, na engleskom ili srpskom jeziku, se podnose na službenom formularu koji se dobija u Tehničko-informativnom centru, u roku od 30 minuta od objavljivanja odluke Glavnog sudije po uloženom protestu. Uz žalbu se prilaže i depozit od <b>70 evra</b>. U slučaju usvajanja žalbe depozit se vraća podnosiocu.</p> <p>Odluka Vrhovne sudijske komisije će biti saopštena pismeno i objavljena na oglasnoj tabli Tehničko-informativnog centra</p>
<p><b>7.8. Results</b></p> <p>All results will be announced by the announcers in English and Serbian and available in the TIC after each event and shown on the LED screen.</p> <p>Clocks showing the intermediate and unofficial time of the race will be in the infield.</p> <p>The result lists will be published in English.</p> <p>At the end of the competition, the teams will receive official results.</p>	<p><b>7.8. Rezultati takmičenja</b></p> <p>Službeni rezultati disciplina će objavljeni od strane spikera na engleskom i srpskom jeziku, i istaknuti na LED ekranu i oglasnoj tabli u Tehničko-informativnom centru. Elektronski satovi unutar staze će davati prolazna vremena i neslužbena vremena pobednika svake trke.</p> <p>Službeni rezultati takmičenja će biti štampani na engleskom jeziku.</p> <p>Na kraju takmičenja ekipe će dobiti službene rezultate.</p>
<p><b>7.9. Victory ceremony</b></p> <p>The Victory ceremonies will take place immediately after the finals of each event.</p> <p>After each event, the first three competitors (accompanied by competition officials) are required, to refer to LOC protocol for the Victory ceremony.</p> <p>The first three athletes in each event will be presented with a bronze, silver or gold medal, as appropriate.</p> <p>During the victory ceremonies, athletes must wear the official uniforms of their team.</p>	<p><b>7.9. Ceremonija dodele medalja</b></p> <p>Ceremonija proglašenja pobednika održava se odmah posle finala svake discipline.</p> <p>Po završetku discipline tri prvo-plasirana takmičara su obavezni da se, uz pratnju službenih lica, jave u protokol za proglašenje pobednika. Atletičarima će biti svečano uručene zlatna, srebrna i bronzana medalja.</p> <p>Tokom ceremonija proglašenja pobednika takmičari moraju nositi službenu odeću svoje ekipe.</p>

## 8. MEDICAL SERVICES / ZDRAVSTVENA SLUŽBA

<p><b>8.1. General</b></p> <p>Medical assistance will be arranged by the City Medical Service.</p> <p>An ambulance with a medical team will be on standby at the Stadium during competition sessions.</p>	<p><b>8.1. Opšte</b></p> <p>Medicinsku brigu tokom takmičenja obezbeđuje medicinska ekipa Doma zdravlja iz Novog Pazara.</p> <p>Ambulantna kola sa ekipom lekara i tehničara će biti na stadionu za sve vreme takmičenja.</p>
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## 8.2. Doping Control

Doping control shall be conducted for 3 men and 3 women. The Technical Delegate will decide, in accordance with IAAF Rules and Guidelines for Doping Control, which placings from which events are to be selected for doping control.

## 8.2. Doping Kontrola

Na takmičenju će se vršiti doping kontrola za 6 takmičara - 3 muškarca i 3 žene. Tehnički delegat će u skladu sa IAAF pravilima i uputstvima za Doping kontrolu, odlučiti iz kojih disciplina i koji ostvareni plasmani će ići na doping kontrolu.

## 9. OPENING AND CLOSING CEREMONIES / CEREMONIJA OTVARANJA I ZATVARANJA

Opening Ceremony will take place at the Stadium according to the Time Table.

Ceremonija otvaranja takmičenja obaviće se na stadionu prema utvrđenoj satnici.

## 10. SECURITY / OBEZBEĐENJE

All team members must wear National federation's official team clothing on the Stadium and Warm-up Area.

**The Stadium security staff and the local Police are to take care of security in the Stadium.**

Učesnici takmičenja moraju sve vreme nositi službenu odeću svoje nacionalne federacije na stadionu i na terenu za zagrevanje.

**O sigurnosti tokom takmičenja brine se služba obezbeđenja i gradska policija.**

## 11. INSURANCE / OSIGURANJE

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team, when traveling to and from the BSCH and during the event itself. Each team guarantees the health condition of participants and their ability to compete.

Timovi učesnici su dužni da obezbede sopstveno osiguranje za slučaj bolesti ili povrede svojih članova tokom putovanja na takmičenje i tokom trajanja Prvenstva Balkana za seniore. Za zdravstveno stanje učesnika garantuje svaka ekipa.

## 12. APPENDIXES / PRILOZI

Appendix 1/ *Prilog 1*  
Appendix 2/ *Prilog 2*  
Appendix 3/ *Prilog 3*

Preliminary Competition timetable / *Preliminarna Satnica*  
Map of Stadium and ancillary premises / *Mapa stadiona*  
Official implements list / *Lista službenih rekvizita*

## 13. LOC contacts:

- Predrag Momirović / Competition Director +381 64 861 88 44
- Edin Zuković / Event Coordinator +381 64 881 60 62
- Ivica Možek / Meeting Manager +381 64 881 60 75
- Goran Begović / IAAF Technical Delegate +381 64 881 60 66
- Goran Trifunac / Deputy Competition Director +381 64 838 61 32
- Dejan Kulundžić / Technical Director +381 66 66 32 333
- Goran Milosavljević / Technical coordinator +381 64 138 46 04
- Dragana Nestorović / TIC +381 65 22 28 174
- Marko Ristov / Secretariate +381 64 83 86 141
- Džamaludin Palučinac / Volunteers & Team attaches +381 65 901 10 22
- Ervin Ćorović / Official doctor +381 63 468 222
- Zarić Dragan / Protocol +381 65 259 47 20
- Nenad Milošević / Logistics +381 66 953 64 10
- Nemanja Ilić / Accommodation +381 65 861 88 54
- Milan Bojčić / Transportation +381 64 115 04 85
- Bekir Sebečević / Security +381 65 901 11 01



# BALKAN SENIOR ATHLETICS CHAMPIONSHIPS

Serbia – Novi Pazar, 15/16.07. 2017.

PRELIMINARY

TIME TABLE / satnica takmičenja



Saturday/Subota, 15. July 2017.

Start Time	Event / disciplina	
09:30	100m hurdles – Heptathlon /prepone-sedmobj	Women / žene
09:40	100m – Decathlon /desetobj	Men / muškarc
10:15	High Jump – Heptathlon /skok uvis-sedmobj	Women / žene
10:15	Long Jump – Decathlon /skok udalj-desetobj	Men / muškarc
11:45	Shot Put – Heptathlon /bacanje kugle-sedmobj (1)	Women / žene
11:45	Shot Put – Decathlon /bacanje kugle-desetobj (2)	Men / muškarc
15:00	High Jump – Decathlon /skok uvis-desetobj	Men / muškarc
15:00	Hammer /bacanje kladi	Men / muškarc
16:00	OPENING CEREMONY/OTVARANJE TAKMIČENJA	
16:30	Pole Vault /skok motkom	Women / žene
16:30	400m hurdles /prepone heats/grupe	Women / žene
16:45	400m hurdles /prepone heats/grupe	Men / muškarc
17:00	100m heats /grupe semi-final/polu finale	Women / žene
17:10	100m heats /grupe semi-final/polu finale	Men / muškarc
17:15	Triple Jump /troskok	Women / žene
17:15	Javelin /bacanje koplja	Women / žene
17:20	200m – Heptathlon /sedmobj	Women / žene
17:30	400m – Decathlon /desetobj	Men / muškarc
17:30	High Jump /skok uvis	Men / muškarc
17:40	400m heats /grupe	Women / žene
17:50	400m heats /grupe	Men / muškarc
18:00	100m final /finale	Women / žene
18:05	100m final /finale	Men / muškarc
18:30	Long Jump /skok udalj	Men / muškarc
18:35	Discus /bacanje diska	Women / žene
18:40	Shot Put /bacanje kugle	Men / muškarc
18:15	3000m steeple	Women / žene
18:30	800m	Women / žene
18:40	1500m	Men / muškarc
18:55	5000m	Men / muškarc
19:20	4x100m	Women / žene
19:30	4x100m	Men / muškarc



# BALKAN SENIOR ATHLETICS CHAMPIONSHIPS

Serbia – Novi Pazar, 15/16.07. 2017.

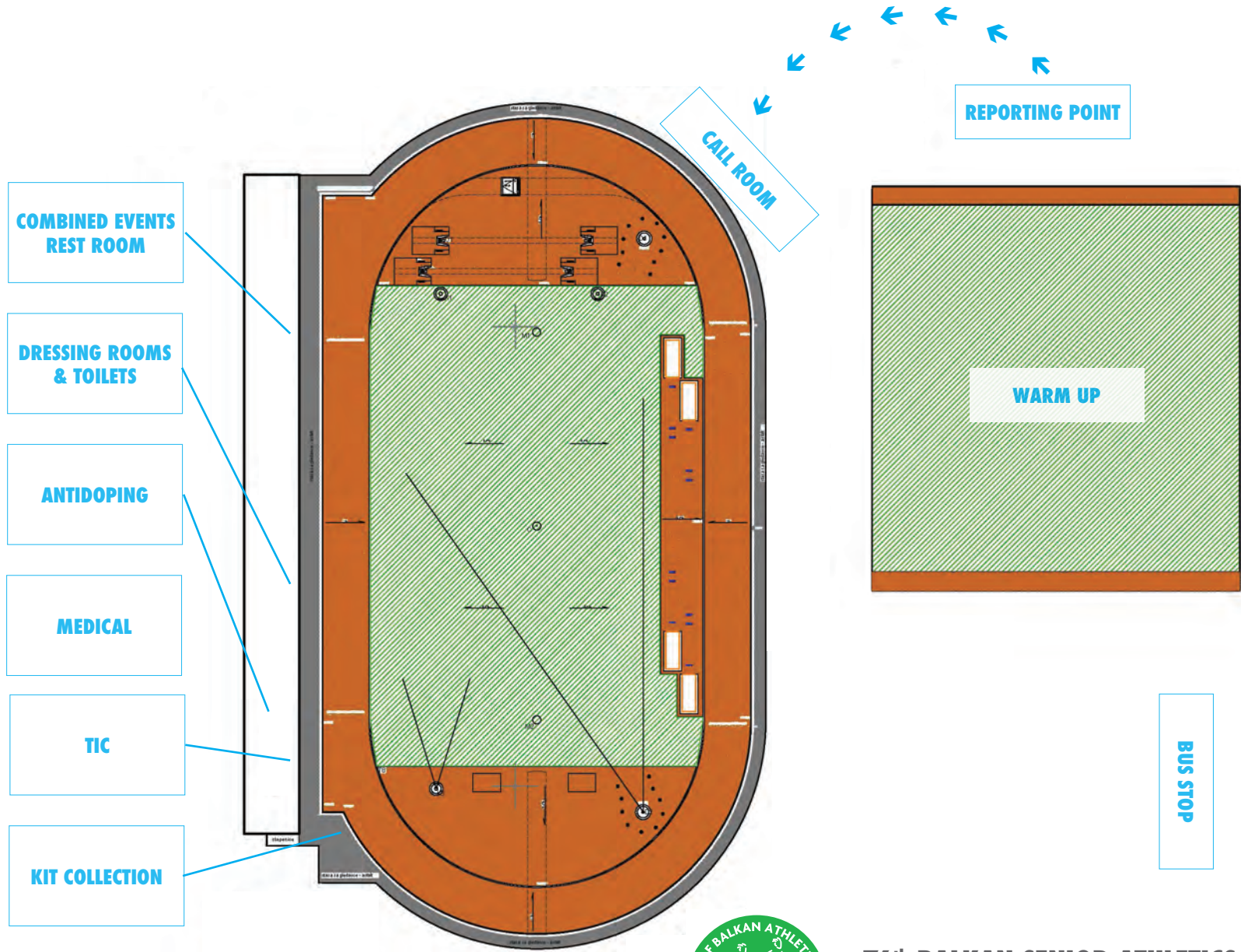
PRELIMINARY

TIME TABLE / satnica takmičenja



Sunday/Nedelja, 16. July 2017.

Start Time	Event /disciplina	
09:30	110m Hurdles – Decathlon /desetoboj	Men / muškarci
09:30	Long Jump – Heptathlon /skok udalj-sedmoboj	Women / žene
10:15	Discus Throw – Decathlon /bacanje diska-desetoboj	Men / muškarci
10:45	Javelin Throw – Heptathlon /bacanje koplja-sedmoboj	Women / žene
11:30	Pole Vault – Decathlon /skok motkom-desetoboj	Men / muškarci
15:00	Hammer /bacanje kladiva	Women / žene
16:00	Pole Vault /skok motkom	Men / muškarci
16:00	100m hurdles /prepone heats /grupe	Women / žene
16:20	110m hurdles /prepone heats /grupe	Men / muškarci
16:30	200m heats /grupe semi final/polu finale	Women / žene
16:40	200m heats /grupe semi final/polu finale	Men / muškarci
16:15	Discus /bacanje diska	Men / muškarci
17:10	Triple Jump /troskok	Men / muškarci
17:20	High Jump /skok uvis	Women / žene
17:30	200m final /finale	Women / žene
17:35	200m final /finale	Men / muškarci
17:30	Javelin Throw – Decathlon /bacanje koplje-desetoboj	Men / muškarci
17:45	3000m steeple	Men / muškarci
18:00	800m	Men / muškarci
18:05	800m – Heptathlon /sedmoboj	Women / žene
18:10	1500m – Decathlon /desetoboj	Men / muškarci
18:35	Long Jump /skok udalj	Women / žene
18:40	Javelin /bacanje koplja	Men / muškarci
18:45	Shot Put /bacanje kugle	Women / žene
18:15	5000m	Women / žene
18:40	3000m	Women / žene
18:55	3000m	Men / muškarci
19:10	1500m	Women / žene
19:25	4x400m	Women / žene
19:30	4x400m	Men / muškarci



**76<sup>th</sup> BALKAN SENIOR ATHLETICS CHAMPIONSHIPS  
NOVI PAZAR, 15-16 JULY 2017**

**OFFICIAL IMPLEMENTS LIST / LISTA SLUŽBENIH REKVIZITA**

1	Takmičarsko koplje / Javelin 800gr	Polanik SM 13-800
2	Takmičarsko koplje / Javelin 600gr	Polanik SM 13-6003
3	Takmičarski disk / Discus 1 kg	Polanik HPD 11-1
4	Takmičarski disk / Discus 2 kg	Polanik HPD 11-2
5	Takmičarsko kladivo / Hammer 4kg/95mm	Polanik PM-4/95
6	Takmičarsko kladivo / Hammer 7,26kg/110mm	Polanik PM-7,26/110
7	Takmičarska kugla / Shot 4kg/110mm	Polanik PK-4/110
8	Takmičarska kugla / Shot 7,26kg/120mm	Polanik PK-7,26/120