



**To: ABAF Member Federations**

**Re. Invitation to the 8<sup>th</sup> Balkan Mountain Running Championships  
Nova Zagora, 8 June 2016**

Dear Friends,

We are pleased to invite your teams to take part in the 8<sup>th</sup> edition of the Balkan Mountain Running Championships on 8 June 2016 in Nova Zagora, Bulgaria.

The competition will comprise Senior and Junior races. Each Member Federation may enter one team for each event. Teams of no more than 4 athletes in each event can be entered of whom the best 3 will score. Individual entries will be accepted as well. There will be a separate individual ranking. The course map and profile can be found in appendix.

The LOC is covering 2 days board and lodging expenses for 19 persons- that is 16 athletes and 3 officials. If the team is travelling by bus, the drivers shall not count in the above quota, but their accommodation shall be covered by the host country as well.

For any persons exceeding the above quota, or for any stay exceeding the number of days covered by the LOC, the visiting federation shall pay a fixed rate of €50 (fifty Euros) per person per day full board accommodation.

Teams arriving by bus should go directly to Nova Zagora (details about the hotel will follow in due course). Those arriving by plane should land at Sofia Airport. The LOC will organise the transfers.

Please find enclosed the Preliminary Entry Form and Final Entry Form. We would appreciate receiving your Preliminary entries confirming your intention to take part and indicating the total number of expected participants from your country as soon as possible, but not later than 15 May 2016.

**Deadline for submission of the Final entries is Wednesday, 1 June 2016.**

Should you need any further information or need assistance, please do not hesitate to contact us. Looking forward to welcoming you in Nova Zagora, we remain,

Dobromir Karamarinov  
President